



12 January 2022

Dear Parents and Carers

First, we would like to thank you for your support for the lateral flow tests last week. We had an excellent turn out and the pupils all behaved very well!

As I'm sure you are aware, pupils should now be wearing masks in the school building. Please remind your child to bring a mask (and a spare!) as we do have a limited supply to give out in school.

Finally, this article may be helpful if you are unsure of the new 7 day isolation rules, it includes a useful diagram: <https://www.bbc.co.uk/news/explainers-54239922>

Please extracts below:

What are the self-isolation rules for people with Covid?

*Across the UK, you must self-isolate for at least seven days as soon as **symptoms** develop, or - if you have no symptoms - when you receive a positive PCR test.*

*In addition, **people without symptoms who have a positive LFT result no longer have to take a PCR test to confirm their status but should immediately start isolating.***

*The new testing guidance will stay in place while Covid case levels remain high, **because the vast majority of people with positive LFT results at the moment** are extremely likely to have coronavirus.*

Whichever type of positive test result you had, you can end self-isolation after two negative LFT results, 24 hours apart - the first no earlier than day six. As long as you do not have a high temperature, you can stop self-isolating after the second negative test, on day seven.

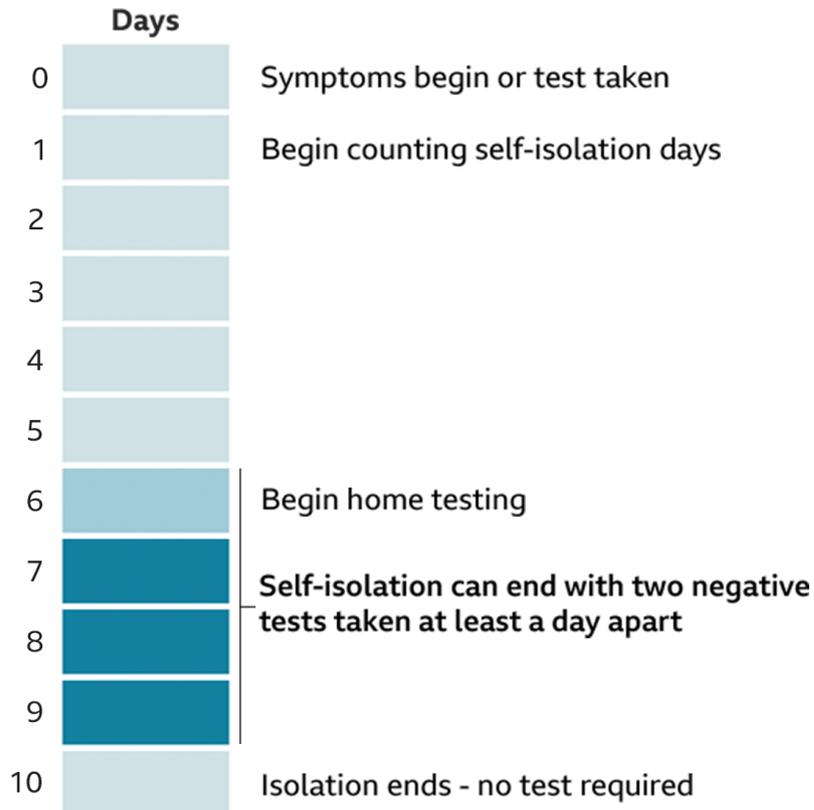
If the day-six test is positive, you can take two further tests on subsequent days, and - as long as you don't have a fever - you can stop isolating once you have had two negative results, 24 hours apart.

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Registered Charity No. 1172272





How seven-day isolation rule works in the UK



Source: NHS



The guidance applies whatever your vaccination status, or whichever Covid variant you have.

Once again, thank you for your support with our efforts to help keep our children safe in school.

Kind regards,

Mim Hall
Principal

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