


Good to Know

8th October 2021

Working with Families News

News:	For more info:
<p>Calling all Changes Practitioners! The Parent Support Team has been awarded additional funding to run a pilot project in Sandwell to deliver the Changes 0-19 programmes to Sandwell parents. If you would like to make a real difference to families in Sandwell and earn some extra money (for yourself or your organisation) then please get in touch before 22nd October 2021 on parent_support@sandwell.gov.uk.</p>	<p>We are also holding Information Sessions online on the 12th and 15th October, please book on www.bookwhen.com/parentsupport</p>
<p>We are excited to announce a NEW face to face session for mums or dads, grandparents-to-be (or other family member) welcoming a new baby into their family. As well as celebrating the new arrivals into your family, this fun session, led by a health visitor will give you an opportunity to find out all the latest advice and guidance on pregnancy and newborn baby care so that the new parents-to-be can be supported as much as possible. It is a FREE session (with goodies, cakes and refreshments provided!).</p>	<p> A baby is brewing Nov 2021</p> <p>The sessions are on Saturday 27th November at Brook Street Community Centre, Tipton. To book go to: https://bookwhen.com/changes</p>
<p>Changes Antenatal is now being offered again as a face to face course over 3 weeks. Join our health visitors, midwives and children's centre staff for a three-week course that supports parents-to-be during pregnancy and those first few weeks. It is FREE to anyone who lives in Sandwell. Our virtual sessions and distant learning session are also still available.</p>	<p>https://bookwhen.com/changes</p> <p>A parent who finished the course last week said <i>'just wanted to say a huge thank you ... you made us feel so comfortable and we have both learned so much! Definitely more confident going into this next chapter of our lives'</i></p>
<p>Sandwell Council's Prevent Team are taking part in Sandwell's Safer 6 campaign by offering free online safety (Extremism) and Prevent sessions. Join the free online session on 19 October and 21 October and receive tips and advice to keep young people safe online.</p>	<p>https://www.learnsafl.ac.uk/pages/home/prevent</p>
<p>Sandwell Parents for Disabled Children has half term activities available for parents to book TODAY! The latest newsletter and events are on their website.</p>	<p>https://www.sp-dc.org/</p>
<p>Not all information you find online is true. Protect yourself and your friends from false information about coronavirus, vaccines and more by using the World Health Organisation's SHARE checklist to help you spot false information to make sure you don't contribute to the spread of harmful content.</p>	<p>https://www.who.int/news/item/22-09-2021-be-careful-what-you-share.-things-aren-t-always-what-they-seem-online</p>

<p>Many apps and games have the option of sharing the user's location. Parents should talk with their child to review the settings on their favourite apps and games and talk to them about what they are sharing online. The NSPCC has a parents' guide to location settings to help.</p>	<p>https://www.net-aware.org.uk/news/a-parents-guide-to-location-settings/</p>
<p>Stoptober is back and calling on smokers in England to join the 2.3 million others who have made a quit attempt with the campaign since it launched in 2012. If you are a smoker, quitting is one of the best things you can do for your health, allowing you to start moving better, breathe more easily and save money.</p>	<p>Just search 'Stoptober' for more information and free tools to help you quit.</p>
<p>In addition to the 3 classic symptoms, you can now get a Covid-19 PCR test as a precaution if you have other symptoms.</p>	<p>https://www.sandwell.gov.uk/testsandwell</p>
<p>The Department for Education have awarded grant funding to Local Authorities to provide Holiday Activities and Food (HAF) to cover the school Christmas holiday period for 2021 to support children and young people aged 5-16 years (reception to year 11) including those with SEND who are eligible for benefit related Free School Meals to access healthy food and enriching activities free of charge. The grant is open to schools, voluntary and community sector, not-for-profit and others.</p>	<p>https://www.scvo.info/category/funding/</p>
<p>Find out what's happening this half term in Sandwell's museums and libraries and get spooky with your family. Booking is required.</p>	<p>https://www.ticketsource.co.uk/sandwell-museums-and-arts</p>
<p>With over a 1000 jobs available, check out the vacancies for the official recruiter of the Birmingham Commonwealth Games 2022.</p>	<p>https://birmingham2022.gigroup.com/</p>
<p>If you would like to promote services or information in this newsletter or share a good news story, please contact the team.</p>	<p>Parent Support Team parent_support@sandwell.gov.uk</p>