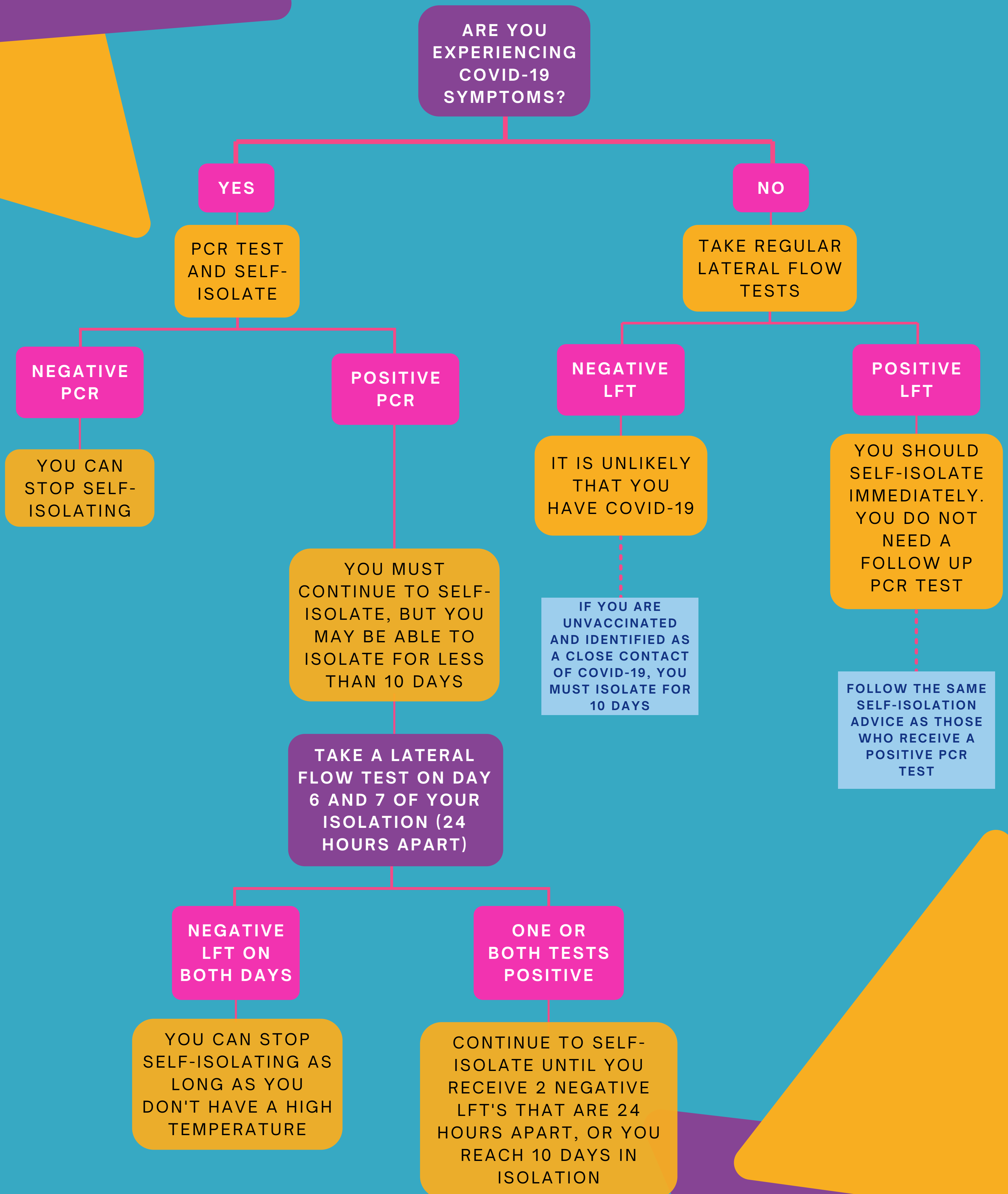


COVID-19 Testing Guidance

JANUARY 2022



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WHAT ARE THE MAIN SYMPTOMS TO LOOK OUT FOR?

- A NEW, CONTINUOUS COUGH
- A HIGH TEMPERATURE
- A LOSS OR CHANGE IN SMELL OR TASTE

WHAT ARE THE OTHER SYMPTOMS TO LOOK OUT FOR?

- RUNNY NOSE
- HEADACHE
- FATIGUE
- SNEEZING
- SORE THROAT

IF YOUR LFT IS POSITIVE, YOU WILL ONLY REQUIRE A FOLLOW UP PCR IF:

- YOU ARE ELIGIBLE FOR THE £500 TEST AND TRACE SUPPORT PAYMENT (TTSP)
- YOU ARE PARTICIPATING IN RESEARCH OR SURVEILLANCE PROGRAMMES
- YOU ARE PART OF THE 1 MILLION PEOPLE IN ENGLAND WHO ARE AT PARTICULAR RISK OF BECOMING SERIOUSLY ILL FROM COVID-19 AND ARE INVOLVED IN NEW RESEARCH OF TREATMENTS

OTHER SITUATIONS WHERE YOU MAY NEED A PCR INCLUDE:

- YOU HAVE ANY OF THE COVID SYMPTOMS LISTED ABOVE
- YOU HAVE BEEN IN CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE
- YOU ARE ASKED TO TAKE A PCR TEST BY THE LOCAL COUNCIL, NHS TEST AND TRACE, A GP OR OTHER HEALTH PROFESSIONAL
- YOUR PCR TEST WAS UNCLEAR, AND YOU NEED TO TAKE ANOTHER